



FACIALS

Quick pick me up

This facial is perfect for those that are in need of a quick - pick - me - up. This express yet intense facial is designed to give your skin a deep cleanse and will leave it feeling nourished & revitalised.

Duration 30 mins £35

V.I.T.A C Radiance

Are you searching for that natural glow & hydration? Skin that looks & feels luminous? Well look no further thanks to our vitamin C facial. The V.I.T.A C is designed to address early signs of cutaneous damage & give you that instant radiant glow.

V.I.T.A C helps to improve uneven skin pigmentation when performed regularly

Addresses early signs of cutaneous damage

Great booster treatment for skin that has lost its spark.

Perfect for events. Ideal for a pre holiday treatment before or after.

Typical Patient:

Photo damage

Hyper-pigmentation

Loss of radiance

Loss of firmness

Uneven skin texture

Duration 30 - 45 mins £45

(not recommended for sensitive skin types)

Instant Glow

Are you tired of looking tired? Do you want to look younger & more radiant? The instant facial is designed to leave your skin noticeably radiant & glowing. It provides gentle resurfacing & helps to leave your skin smoother, brighter & softer, While providing tighter skin texture & tighter pores. It provides a more youthful appearance & absorbs Impurities without removing natural oils. The instant glow facial also aids the skins ability to heal, repair & protect itself from free radical assault.

The treatment will begin with a double cleanse. We will then apply an enzyme mask to nourish the skin & loosen up any dead skin cells. After the cleanse we will then apply enriched antioxidants that will instantly revitalise the skin leaving you with that instant, youthful glow.

Typical patient:

Photo ageing

Pigment changes

Dull swallow appearance

Fine lines & wrinkle

Age spots

Unhealthy stratum corneum

Duration 45 mins £50

Signature resurfacing

Does your skin look tired and lifeless? Is your complexion dull or damaged? The signature facial is a professional treatment that is designed to deliver a dual - approach to hydration & resurfacing. The signature facial will leave your skin feeling smooth & instantly hydrated. This treatment is certainly one of the best ways to both, treat & prevent the acceleration of ageing skin.

The treatment will begin with a luxuriate warm facial compress to relax those tired muscles & open up any clogged pores. This treatment also includes a luxury neck & shoulder massage and this treatment will be customised to the skins needs.

Option A - firming & lifting

Option B - Instant radiance

Duration 60 mins £65

A.G.E Medical Resurfacing

The pHformula A.G.E. solutions were specifically formulated as advanced anti-ageing skin resurfacing treatments to help correct typical signs of ageing by using a very specific pharmaceutical grade of ingredients, combining skin resurfacing acids, vitamins, antioxidants, anti-inflammatories, amino acids & trace elements in the unique PH-DVC™ bio-availability delivery complex.

pHformula is the world's first pharma cosmeceutical skincare brand that tackles skin disorders by skin resurfacing. As a controlled chemical resurfacing technique, pHformula offers little downtime and superb results to combat skin disorders.

Typical Patient:

Photo ageing

Pigment changes

Dull swallow appearance

Unhealthy stratum corneum

Fine lines & wrinkles

Duration 45 mins £65

(not recommended for sensitive skin types)

ACNE Medical Resurfacing

The unique combination of actives in the pHformula A.C.N.E. solutions was specifically formulated to correct the main acneic manifestations such as comedones, papules and pustules. It was designed to act on the 4 factors that trigger acne.

Seborrhoea

Hyperkeratinisation

Microbial colonisation (P acnes)

Inflammation

This active solution effectively penetrates the pores to assist in dissolving impactions and help control microbial proliferation in acne prone skin. The solutions offer anti-inflammatory benefits along with a strong keratolytic action to help normalise problematic skin.

pHformula is the world's first pharma cosmeceutical skincare brand that tackles skin disorders by skin resurfacing. As a controlled chemical resurfacing technique, pHformula offers little downtime and superb results to combat skin disorders.

Duration 30-45 mins

(not recommended for sensitive skin)

Level 1 - Mild resurfacing £65

None to Minimal downtime

Level 2 - Moderate/ intense resurfacing £75

Slight Flaking/ Redness



CR Medical resurfacing

The pH formula CR has an active and effective complex for complete restoration, chronic redness and rosacea prone skin. Specifically formulated with anti-microbial activity to help reduce redness and prevent relapses.

Typical patient:

Rosacea
Chronic redness
Telangiectasia

Duration 30 mins £65

Face & Neck Mesoresurfacing

11 powerful ingredients have uniquely been combined to create the PH formula ultimate resurfacing treatment. This superior treatment in which various ageing problems can be addressed at the same time starting with the neck & décolleté. Within the facial area there is special focus on specific problem areas such as the delicate eye area as well as the barcode around the mouth area. Natural collagen induction therapy, with a unique TDS firming is applied to focus on those problem areas.

The combination of specific acids, retinol, vitamin c, Cyto - stim, THPE & peptides has resulted in a miraculous treatment with immediate visible results, leaving the skin radiant, firm, smooth & well hydrated.

Typical patient:
Photo damage
UV induced Hyper pigmentation
Superficial melanin disorders
Freckles
Fine line & wrinkles
Loss of firmness
Premature ageing
Loss of radiance
Uneven skin texture

Duration 60 mins £90

Dermaplaning

Dermaplaning is a method of exfoliation that consists of using a 10 gauge scalpel to gently remove the top layer of dulling dead skin cells in order to reveal a smoother, brighter complexion. Dermaplaning is a favourite in the entertainment industry, specifically among models & actresses due to the elimination of that annoying vellus hair (peach fuzz) that cakes up in makeup & can be enhanced by harsh production lighting & high - definition cameras.

Dermaplaning also allows for greater penetration of skincare products & creates a flawless canvas for makeup to glide on smoothly. It is a great primer for intrusive procedures such as laser & chemical peels.

Benefits of dermaplaning:

Instant results
Improves cell turnover
Removes dead skin cells
Smoother, brighter skin
Removes soft fine vellus hair (peach fuzz)
Skin becomes more absorbing

Products are able to penetrate deeper & more effectively. Suitable for pregnancy & lactating mums as no harsh chemicals are used, suitable for skin types.
Non invasive/No downtime.
Promotes functional healthy skin.

Duration 40 - 50 mins £50



OPERA LED Light Therapy Mask

Light therapy offers a gentle, yet very effective way to obtain more beautiful skin. It gives you the opportunity to treat an array of skin concerns without chemicals, drugs or invasive measures. The skin responds quickly and very positively to the different colours in the light spectrum. The process is 100% natural, non-invasive, drug-free, with no adverse side effects and the results are instant.

Light Therapy uses visible light wavelengths that promote collagen production, cellular regeneration, destroy acne bacteria and stimulate skin healing. The end result is smoother, tighter and more radiant-looking skin.

With multiple treatments, LED helps to reduce fine lines, wrinkles, age spots, sun damage, pigmentation, redness, scars and large pores by increasing oxygenation of tissue, collagen production and healing. For mild to severe acne, light has purifying antibacterial properties which destroys bacteria.

Enhance Your Own Skin's Natural Beauty

LED therapy can improve skin hydration, treat sunburn and reduce inflammation by promoting beneficial and healing blood circulation.

LED Light Therapy can be used on its own with a specialised treatment serum/mask, or added after a micro needling session!!

RED LIGHT

This treatment is offered for skin rejuvenation, anti-ageing and healing. Red light is beneficial for all skin types and has anti-ageing and anti-inflammatory effect on the skin.

The LED red light has been proven to stimulate the production of collagen and elastin, smooth skin texture, improve skin elasticity, increase circulation and lymph drainage and reduce the appearance of fine lines, wrinkles and superficial hyperpigmentation.

The treatment is a great treatment for those who suffer from sensitive skin conditions such as rosacea, eczema and psoriasis. It also accelerates healing after a micro needling session for an even quicker recovery!

1. Skin rejuvenation
2. Wrinkle reduction
3. Skin toning, tightening and improving skin texture
4. Fading freckles, skin spots, age spots, and sun damage
5. Soothes and heals the skin, reduces inflammation

BLUE LIGHT

This treatment is offered for acne and congested skin. The blue light treatment has powerful anti-bacterial properties that decongest and purify acne and problem skin and help to normalize oil production.

The blue light also promotes calming and relaxation. The treatment assists in killing bacteria in the skin, reduces active acne, prevents breakouts, and has a deep cleansing effect, shrinks enlarged pores, helps to fight infection and is a great alternative to medication.

1. Acne Treatment (mild-severe)
2. Anti-bacterial treatment
3. Anti-microbial Treatment
4. Improve Blood Circulation

PURPLE LIGHT

1. Anti-inflammatory:
2. Post botox, fillers.
3. Post laser
4. Promotes Healing
5. Improves blood circulation
6. Skin rejuvenation and Acne treatment and prevention

The treatment is painless, quick and the results are fast. It's a safe and effective way to promote youthful, healthier-looking skin.

LED Benefits

Diminishes the appearance of fine lines, wrinkles and age spots

Helps tighten unsightly pores

Promotes collagen regeneration

Helps promote smoother, tighter, and more radiant skin

Reduces skin irritations and inflammation

Treats and prevents acne

Improves moisture

Promotes healing

Painless, relaxing and no recovery time

Noninvasive, safe and effective

Effective for all skin types, regardless of ethnicity

Cost-effective

Opera LED Mask is not recommended for the following:

If you are pregnant - Studies have not sufficiently assessed the risk to pregnant women and their babies, therefore, we do not recommend it.

If you have epilepsy - Certain light frequencies can trigger an epileptic seizure.

If you have a thyroid condition or if you are taking thyroid medication - Studies have not sufficiently assessed whether or not light frequencies can interfere with thyroid conditions.

If you are taking photosensitive medications (i.e., drugs that increase skin sensitivity to the sun) - Examples of such medications include Tetracycline and Accutane.

Results

PLEASE ALWAYS REMEMBER THAT:

1) LED light technology works, it's just a matter of "How long will it take". Everything takes time.

2) Even the most advanced system will not work if you aren't persistent, and this is no exception. If you don't follow through with your treatments, you will not see the intended results and it may be easy to get discouraged. However, with the right effort, this treatment will give you everything you need for beautiful skin

Most people will see initial results in 4-8 weeks while many notice results in as little as 1-3 weeks and for others, it can take as long as 8-12 weeks for noticeable results.

Duration 30 mins £45

Adding to treatment 15 mins £15

Hollywood instant face lift

All the way from the USA this supersonic 'organic' luxuriously smooth and deliciously hydrating facial is packed with skin - quenching ingredients designed to diminish the appearance of fine lines & wrinkles and promote elasticity & tone, through increasing the skin's hydration level. The facials moisturising properties also provide an immediate plumping, firming and lifting effect following each and every treatment.

Duration 45 mins £55

Micro-needling (derma pen)

Also known as Collagen Induction Therapy, is a minimally invasive treatment which is designed to enhance skin tone and texture, combat the visible signs of ageing and reduces the appearance of scarring as well as pigmentation marks resulting from sun damage.

Micro-needling involves the creation of micro-channels or tiny holes in the skin using small needles, which is followed by the application of a topical skin solution, tailored to meet your specific skin care needs. The micro-needling technique can encourage the stimulation of collagen and elastin production, whilst also improving the absorption of products designed to rejuvenate and repair skin tissue.

Micro-needling can be safely repeated every 4-6 weeks until you achieve the desired results.

Typical patient:

- Loss of glow
- Dull skin
- Loss of tone & elasticity
- Loss of volume
- Superficial lines & wrinkles
- Stretch marks

Duration 45mins £ 85

Mesotherapy

Mesotherapy is a non surgical skin rejuvenation treatment aimed at diminishing problem areas on the face and body. Mesotherapy treatment can be used for face, neck and under eye rejuvenation and also for common concerns such as hair thinning. Mesotherapy treatments involve injecting Hyaluronic Acid directly into the mesoderm (middle layer of the skin) by puncturing the top layer of the skin. This nourishes and rejuvenates the skin by promoting the production of collagen and elastin and stimulates your skin's metabolism.

After a course of Mesotherapy, you will notice your skin looking 'plumper, hydrated, radiant, glowing and firmer'.

Typical patient:

- Loss of glow
- Dull skin
- Loss of tone & elasticity
- Loss of volume
- Superficial lines & wrinkles
- Hair thinning
- Stretch marks

Microblading

Microblading is a semi-permanent makeup procedure whereby hair like strokes are created along the eyebrow to either enhance, reshape or create a very natural looking appearance on the brows, best suited for your facial features and shape. The procedure entails the use of a very small nanoblade, which is dipped into a pigment that has been carefully matched to your natural hair colour and skin tone and is then glided along a sketched outline of the brow that has been drawn on and scrutinised beforehand. Whilst only penetrating up to 1mm into the skin, the pigment is deposited simultaneously with the creation of the hair like stroke leaving a feathered outline which will further be filled in the same manner.

Price: £225 (including top up 4-6 weeks later)

Duration 55 mins £85

Laser

Laser hair removal:

Laser hair removal is the deliberate removal of body hair using the technology of laser. Hair generally grows all over the human body, some fine and barely noticeable, with other areas having thicker, more prominent hair. That thicker hair can often be in unwanted places or too excessive, laser hair removal is directed towards the removal or reduction of this hair.

Laser hair removal works by targeting the hair follicle with laser light, this energy damages and goes on to destroy the hair follicle, thus stopping the follicle from producing further hairs. The laser delivers an intense beam of light, which is absorbed by the hair follicle whilst the surrounding tissue remains unaffected.

This process is called selective photothermolysis (photo-means light and thermolysis means to destroy with heat). It is selective as it targets the hair and not the skin. Laser hair removal is not electrolysis, electrolysis works by directing an electric current into each individual hair follicle which is painful and time consuming. Lasers, on the other hand, can target a large amount of hairs in one go, in a much less painful manner.

Following a treatment, the dead hair needs to come through the skin. It is pushed through and then shed after one to three weeks. During this period the hairs will seem to grow as they are pushed out by the new skin. After the second treatment, depending on skin and hair type the area can already begin to look patchy as certain hair follicles stop producing new hairs.

The skin may be red immediately after the treatment and the hair follicles where the skin has been treated may be raised and bumpy, this usually subsides within a few hours but can take up to 48 hours for some clients. A very few people experience itching a few days later as the hair is pushed out.

The laser light targets only hair that are actively growing (anagen phase), therefore multiple treatments are necessary to treat all the hair as they are not all growing simultaneously. Different hair follicles will be in different hair growth stages at any one time. For this reason, it requires several sessions to ensure catching all of the hair in the anagen phase.

The benefits of laser hair removal:

- Reduction of ingrown hairs
- Smoother skin
- Not having to shave or wax
- Less irritation to the skin
- Permanent hair reduction
- Reduces excessive hair growth (PCOS)
- Smaller pores & easy stress free body

Upper Lip:	£25	Lower abdomen:	£30
Chin:	£25	Full front torso:	£100
Cheeks:	£25	Full back:	£100
Jawline:	£35	Upper back:	£60
Hair line:	£35	Lower back:	£60
Full Face:	£50	Bikini line:	£45
Neck:	£35	Extended bikini	£65
Under arms:	£45	Brazilian:	£75
Half Arms:	£50	Hollywood:	£85
Full Arms:	£90	Hollywood front	
Hands:	£35	& back:	£95
Chest:	£60	Half legs:	£60
Upper abdomen:	£40	Full Legs:	£100
		(add feet/toes £20)	
		Feet:	£35

ND yag laser

For effective removal of tattoo's, birthmarks, pigmentation, permanent make up, nevus of ota clearance & thread/spider vein's.

Using the Nd Yag laser can safely and effectively remove tattoos, permanent make up and skin pigmentation such as - age spots, sunspots, birthmarks & hyper pigmentation.

Prices start from £40 - please speak to one of our medical practitioners for further information.

Laser carbon facial

Laser carbon facial wrinkle reduction is one of the very latest innovative non invasive facial rejuvenation treatments for all skin types even the most sensitive! With no downtime, delivering immediate results that will help to create a much more youthful complexion. The Carbon Laser Facial is often known as The Charcoal Facial or The Black Face Doll Facial and creates a porcelain dolls complexion. It is one of the most advanced treatments for minor skin imperfections and promotes a smooth and glowing complexion. The Carbon Laser Peel Treatment helps reduce fine lines and wrinkles including 'crow's feet'. The process is non invasive and pain free.

How does Laser Carbon Skin Rejuvenation work?

The laser treatment is suitable for all ages and can lighten age spots and dark spots, fade freckles, reduce wrinkles and fine lines, shrink pores, and remove blackheads and acne. It can also lift and tighten the skin, improve elasticity, moisturise and give a bright and radiant complexion.

The principle behind the black doll face treatment is that carbon powder possesses a strong capacity to absorb dirt deep in the pores. The face (and neck) is first coated with carbon nano-particles. Next the laser is used on the skin. The medical-graded laser allows the particles to penetrate deep into pores, shattering the epidermal keratinocytes and dirt. The heat from the laser also enables the carbon powder to be absorbed into the skin, stimulating the skin cells. Regeneration occurs by encouraging growth of collagen and elastic fibres.

The Process

After cleansing Carbon Paste is massaged into face, then high intensity pulses of light are delivered from the laser which destroys debris clogged in the pores. This state of the art laser treatment helps refine enlarged pores which reduce oil secretion and helps remove blackheads and whiteheads. The treatment stimulates the face to produce more collagen which helps reduce fine lines and wrinkles.

Benefits

- Reduces fine lines and wrinkles
- Tightens dilated pores
- Reduces acne, scars and post acne discolouration
- Removes dead skin cells from the superficial epidermal layer
- Stimulates collagen growth
- Improves skin texture
- Clears pores to help reduce blackheads and whiteheads

Price per treatment £85

Radio frequency – skin rejuvenation

Radio Frequency is a relaxing treatment that involves the application of a cosmetic gel and a warm wand passing over the skin in sweeping circular motions. The wand gently heats the lower levels of the skin to approximately 40°C; this tricks the brain into thinking there has been a potential injury and stimulates a healing response. This in turn causes increased collagen production and tightening of elastin fibres. The tightening of elastin fibres is instant meaning the skin appears tighter and lifted from the first treatment. The gentle heat also promotes fat cell reduction.

A course of 6 treatments is recommended for optimum results. Ideally this should be 2 treatments per week for 3 weeks. After completion of your course it is recommended to have a maintenance session every 4-6 weeks.

You will continue to see results for up to 3 months after the treatment course has ended. This is perfectly normal as it can take the collagen time to reproduce. The results of Radio Frequency can last for up to 2 years.

Radio frequency For Facial Rejuvenation

price From £55 per session

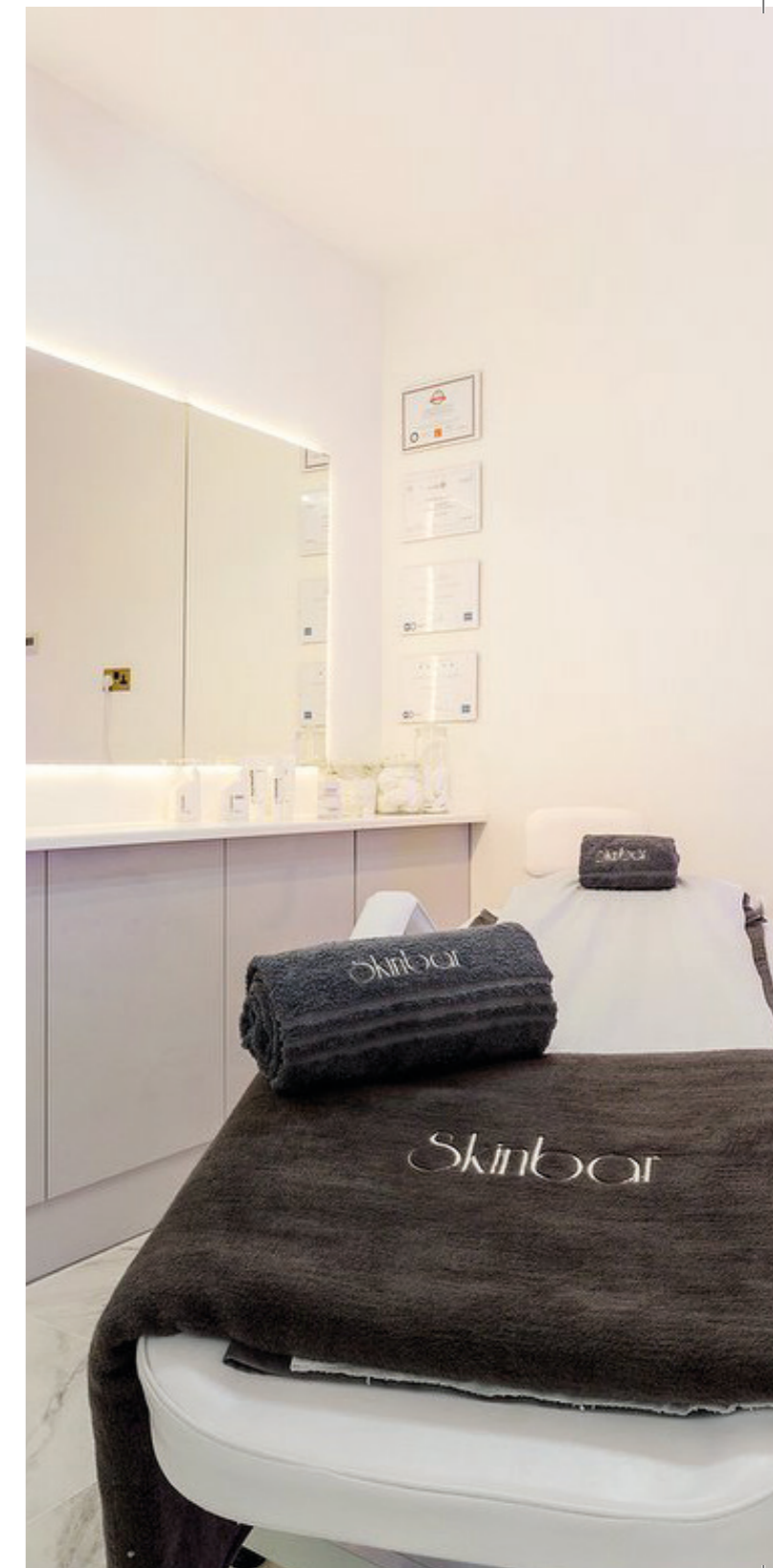
Scalp micro pigmentation

Scalp Micro pigmentation (SMP) is a highly advanced method of cosmetic pigmentation. While similar to traditional tattooing, Scalp Micro pigmentation is also unique in a variety of ways. SMP involves the use of highly specialised equipment and techniques to inject pigment into the scalp. Scalp Micro pigmentation is an extremely intricate procedure with a guaranteed result. Scalp Micro Pigmentation (SMP) is the ultimate solution for men wanting the shaved head look. It reproduces natural hair follicle growth patterns, camouflages the surface area of the scalp where hair loss has already occurred, and facilitates the creation of a new hairline. Suitable for all types and stages of hair loss on all skin tones, prices range from £750.

Aesthetics

- Anti-wrinkle injections
- Dermal fillers
- Lip enhancement
- Cheek enhancement
- Jaw enhancement
- Tear trough

Please speak to one of our medical practitioners for further information.



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